

MM inner diameter	Knitting Needle	AR in 18g (1mm)/20g (0.80) AWG	Suggested ring use:
2mm	#0 US	2/2.43	
2.25mm	#1	2.25/2.75	
2.75mm	#2	2.75/3.37	Tight Byzantine in 20g wire
3.25mm	#3	3.25/4	Looser Byzantine in 20g wire
3.5mm	#4	3.5/4.3	Byzantine, sm ring in Helms, Olivia, Snow and Ice all in 18g
3.75mm	#5	3.75/4.7	DragonScale 18g (sm ring)
4mm	#6	4.0/5.0	Full Persian in 20g, Open Roundmaille 18g, European Lace (4 in 1)
4.5mm	#7	4.5/5.6	Beez to Butterflies in 18g
5mm	#8	5/7.0	
5.5mm	#9	5.5/6.8	Full Persian in 18g wire (rings in 20g would be too unstable to use)
6mm	#10	6/	Lg ring in Helms weave and DS
6.5mm	#10.5	6.5/	(rings in 20g would be too unstable to use)

These are guidelines for use only. Some are approximated!